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SOUTH CAROLINA STATE HOSPITAL

PALMETTO STATE HOSPITAL

PINELAND,  
A STATE TRAINING SCHOOL AND HOSPITAL



MAR 23 2006

STATE DOCUMENTS

Vol. 13 No. 10

COLUMBIA, SOUTH CAROLINA

November, 1965



Governor Robert E. McNair of South Carolina presenting walnut and bronze plaques for "Distinguished Service to the Mental Health Cause" to Mrs. Walton F. (Edith Lawton) Hudson, of Columbia, Coordinator, Volunteer Services, S. C. State Hospital, and to Hon. C. M. Tucker, Pineland, Chairman, S. C. Mental Health Commission. The presentations were made at the annual luncheon meeting of the S. C. Mental Health Association in the Wade Hampton Hotel, Columbia, on November 3, 1965.

Photo by Sherwood Studio

WILLIAM S. HALL, M.D.  
STATE COMMISSIONER OF MENTAL HEALTH AND SUPERINTENDENT, STATE HOSPITALS  
FRANCES C. SHIMMEL, EDITOR



Sol B. McLendon, M. D.                      Advisor  
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### H O S P I T A L   N O T E S

Mrs. Inez Nolan Fripp

#### C. M. TUCKER, JR. AND MRS. EDITH L. HUDSON HONORED BY THE S. C. MENTAL HEALTH ASSOCIATION

C. M. Tucker, Jr., Chairman, South Carolina Mental Health Commission, and Mrs. Edith L. Hudson, Coordinator of Volunteer Services, South Carolina State Hospital, were the recipients of the S. C. Mental Health Association's highest award at the eleventh annual luncheon meeting of the SCMHA in the Wade Hampton Hotel, Columbia, November 3, 1965.

The announcement of their selection for this honor was made by William C. Young of Georgetown, Chairman, SCMHA Awards Committee.

To each one Governor Robert E. McNair of South Carolina presented the State-shaped walnut and bronze plaque, appropriately engraved, as recognition of "Distinguished Service to the Mental Health Cause." Each year since 1954 this valued symbol of dedication to the mental health cause has been presented to one or two carefully chosen South Carolinians.

#### Mr. Tucker

Mr. Tucker of Pageland was first appointed as a member of the Board of Regents, S. C. State Hospital (name changed in 1952 to the S. C. Mental Health Commission) by Governor J. Strom Thurmond on December 7, 1949. He was elected by the S. C. Mental Health Commission as chairman, effective March 21, 1959. He was reappointed at the expiration of each term as a member of the Commission and has remained chairman of that body.

A native of Pageland, Mr. Tucker is a graduate of the University of North Carolina and of Harvard in the School of Business Administration. He is successfully engaged in the lumber manufacturing business, tree farming and the raising of Angus cattle. He has been chairman, Board of Deacons, Pageland Baptist Church, is presently on the Finance Committee and teacher of the Men's Bible Class, which office he has held for nineteen years.

Mr. Tucker is married to the former Alice Louise Gibson of Tatum, S. C., and is the father of two teenage sons.

Mr. Tucker's appointment to the Commission was a wise one. He brought to the Commission a business soundness, an acumen of the highest quality, and a deep interest in the rapidly increasing problems of mental health. His interest and personal activities are guiding lines and sources for all personnel; and are the means of stimulating and activating others in worthwhile accomplishments for the mentally ill.

#### Mrs. Hudson

Mrs. Hudson became Coordinator of Volunteer Services at the S. C. State Hospital when that position was established in 1955. From a small beginning, she steered the development of the Volunteer Program at the hospital to where it is now an integral, accepted part of the hospital program. During this ten year period of development, she worked closely with volunteers, not only from Columbia and nearby communities, but with volunteers associated with Mental Health Associations throughout the state. This was accomplished by personal visits to groups all over South Carolina and talks to many clubs.

Originally from Greenville, S. C., Mrs. Hudson has a B. S. degree from Winthrop College and a Master's degree in Education in Psychological Services from the University of South Carolina. Courses for volunteers have been attended in Chicago and Topeka, Kansas. There has been service as executive director, Congaree Area Girl Scout Council. She has been a substitute teacher in the Columbia City Schools and has taught Child Growth and Development at Columbia College.

There is active participation in Washington Methodist Church, Columbia, as well as in civic affairs. She is a member of the S. C. Society of Friends of the Mayflower.

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August 11-16, 1963 Mrs. Hudson attended the Sixth World Congress on Gerontology in Copenhagen, Denmark to read a research paper on "The Therapy of Friendliness" which had been selected by the American Organization of Gerontology. Her paper was a study on the influence of volunteers' visits, sustained kindness and gifts on aging, regressed patients.

She is the widow of Walton F. Hudson, civil engineer with the S. C. State Highway Dept. who passed away in 1955. Her immediate family is now a daughter, Mrs. Joe Grainger and infant child of Atlanta; and twin sons, Walton F. of New Orleans and Asbury L. of Concord, N. C.

KEYNOTE ADDRESS - NOVEMBER 3, 1965  
S. C. MENTAL HEALTH ASSOCIATION

The guest speaker, Arnold H. Maremont of Chicago, First Vice-President, National Association for Mental Health, was introduced by Thomas E. McCutchen of Columbia, Regional Vice-President, NAMH.

Vice-President Maremont gave this formula for a successful Mental Health Association:

"If the South Carolina Mental Health Association is to prosper and grow, it must have the participation, leadership and support of people, groups and organizations all over the state."

Statistics were presented which he said, "Give evidence that public officials have become increasingly cognizant and attentive to the needs of the mentally ill in South Carolina."

The speaker further stated that if the plight of the mentally ill is to be improved, many more psychiatric treatment centers must be built in more communities, and people must work to improve mental hospitals on the state level.

"The fact is", he said, "that without an alert electorate pressing for action, the needs of the mentally ill are rejected. We must obtain the attention of the legislators in Washington and in Columbia

and of the medical researchers in order to improve the lot of the mental patient."

"South Carolinians should strive to further improve conditions in mental institutions throughout the state and attempt to make them treatment centers instead of custodial institutions."

SOUTH CAROLINA MENTAL HEALTH  
ASSOCIATION 11TH ANNUAL MEETING

The 11th annual meeting of the S. C. Mental Health Association in the Wade Hampton Hotel, Columbia, on November 3, 1965, was very successful with splendid attendance. Presiding was the president, Mrs. Hazel O. Gee of Florence. The invocation was by Dr. Melvin Medlock, Pastor, Wesley Memorial Church, Columbia.

There were three innovations this year:

First, the principal address was by a prominent business man, Arnold H. Maremont, self-made Chicago industrialist, whose dedication to the mental health cause has elevated him to the first vice-presidency of the National Association for Mental Health. He is President, Maremont Corporation; and Chairman of the Board of both the Allied Paper Corporation and the Phillips-Eckhardt Electronic Corporation.

Second, all County Chapter Presidents met for breakfast in response to the invitation of the State President, Mrs. Gee.

Third, an overnight conference for Chapter Education Committee Members was held the afternoon of November 2, with continuance of the program after evening dinner, and conclusion from 8 to 10 the following morning.

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State President, Mrs. Hazel O. Gee, presided at the annual luncheon when the invocation was by the Rev. William M. Major, Chaplain, S. C. State Hospital, Columbia.

With commendation and appreciation, Mrs. Gee recognized the outstanding

(Continued on page 4)



(Continued from page 3)

volunteers selected by the Awards Committee: F. E. DuBose, Turbeville; Miss Margaret Ervin, Florence; E. A. Hall, Jr., Columbia; Mrs. Daniel R. McLeod of Columbia Colonel John G. Morris, Jr., Columbia and William C. Young, Georgetown.

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Governor Robert E. McNair of South Carolina presented to C. M. Tucker, Jr. of Pageland, Chairman, S. C. Mental Health Commission, and to Mrs. Edith L. Hudson, Columbia, Coordinator of Volunteer Services, S. C. State Hospital, the treasured walnut and bronze plaques for "distinguished service to the Mental Health Cause."

The Mental Health Bell Awards for outstanding contributions to mental health activities were presented by Mrs. Robert E. McNair to representatives of their respective papers: Henry F. Cauthen, Editor, The State, Columbia; Mrs. John Duffy, Staff Reporter, Beaufort Gazette, Beaufort; Hubert Osteen, Jr., for Hubert Osteen, Sr., Editor, Sumter Daily Item, Sumter.

Mrs. Myrtis Logan of Sumter accepted from Mrs. McNair the Chapter Service Award for the Sumter County Mental Health Association. This is a new award.

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F. E. DuBose of Turbeville, Chairman, Committee on Organization, presented charters to new chapters: Beaufort; Colleton; Jasper; McCormick and Williamsburg.

Responsible for the success of the 11th annual meeting of the S. C. Mental Health Association were: Harry R. Bryan, Executive Director and his staff with the various committees.

Planning committee: Dr. Edith E. Haynes, Chairman; Racine D. Brown, Mrs. T. B. Bryant, Jr., Hal. V. Curtis, Mrs. David G. Ellison, Jr., Mrs. Inez Nolan Fripp, Mrs. James B. Galloway, Mrs. Claude Huguley, Thomas E. McCutchen, James McIntosh, Mrs. Daniel R. McLeod, Mrs. Lucille H. Sims and Richard Todd.

## Officers for 1965-1966:

President, Mrs. Hazel O. Gee of Florence; Vice-President, John Hoar, Sumter; Secretary, Miss Margaret Ervin, Florence and Treasurer, E. A. Hall, Jr., Columbia.

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In addition to those honored--Hon. C. M. Tucker, Jr., Mrs. Edith L. Hudson and Colonel John G. Morris, Jr.--personnel of the State Department of Mental Health who participated in the 11th annual South Carolina Mental Health Association meeting included:

Hon. C. Werber Bryan of Sumter, Member, S. C. Mental Health Commission, Dr. William S. Hall, Dr. M. E. Borgstædt, Dr. Alexander G. Donald, Dr. J. Obert Kempson, Chaplain William M. Major, Ardis C. Harper, Hal. V. Curtis, Mrs. Inez Nolan Fripp and Miss Atha Cooper.

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### ACTIVITIES OF DR. WILLIAM S. HALL STATE COMMISSIONER OF MENTAL HEALTH, SUPERINTENDENT, SOUTH CAROLINA AND PALMETTO STATE HOSPITALS - AND - PINELAND, A STATE TRAINING SCHOOL AND HOSPITAL

October 15, 1965, Dr. Hall participated in the Governor's Interagency Council on Mental Retardation held at Columbia College.

October 22, at the Five Points Rotary Club luncheon meeting he was a panelist referable to "The State Department of Mental Health's Plans for Emotionally Disturbed Children."

October 28, he was in Baltimore, Maryland, representing the National Association of State Mental Health Program Directors as a consultant to Social Security Administration on developing regulations pertaining to medicare.

October 29-30, he was in Washington, D.C., for the fall meeting of the American Psychiatric Association committees.

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November 3, during the 11th annual meeting of the S. C. Mental Health Association, Wade Hampton Hotel, Columbia, Dr. Hall spoke on "1966 Legislative Goals of the State Department of Mental Health" during the workshop on "Legislative Action."

#### DR. RIDLEHUBER ON PANEL

October 22, 1965, Dr. Hugh W. Ridlehuber, Child Psychiatrist, Hall Psychiatric Institute, State Department of Mental Health, was on a three-man panel at the Five Points Rotary Club, Columbia, to discuss the problems of emotionally disturbed children. Other panelists were Dr. William S. Hall and Dr. James T. Womack, Chairman, Committee, Emotionally Disturbed Children, Richland County Mental Health Association.

#### DR. McLENDON ADDRESSED TWO GROUPS

October 25, 1965, Dr. Sol. B. McLendon, Medical Director and Director of Professional Services, Palmetto State Hospital, made two talks at the Anderson County Memorial Hospital, Anderson, referable to "The Future of Mental Health in South Carolina."

In the morning he spoke to the hospital clergy staff; and at the luncheon the subject was presented to the Anderson County Mental Health Association officials. The president of this group, Dr. Wallace D. Friday, now pastor, St. John's Methodist Church, Anderson, was formerly pastor of the Washington Street Methodist Church in Columbia.

#### DR. H. P. BURBAGE PASSED AWAY

The State newspaper of October 26, 1965, carried an item from Rocky Mount, N. C. of the funeral services for Dr. Harold Preston Burbage held there on Sunday, October 24. A native of Charleston, S. C. and a graduate of the Medical College of South Carolina, 1925, Dr. Burbage was on the South Carolina

State Hospital medical staff from October 1, 1945 until January 20, 1949.

When death occurred he was in Tuscaloosa, Alabama, where he had been associated with the Veterans Administration.

Surviving are his wife, Mrs. Elizabeth Haywood Burbage, a son, Harold P. Burbage, Jr., of New York City; and a sister, Mrs. John Tiller, Sr. of Columbia.

#### VISITOR FROM SREB

November 4 and 5, 1965, Harold L. McPheeters, M. D., Associate Director for Mental Health Training and Research, Southern Regional Education Board, Atlanta, Georgia, was here to secure information about programs, plans and special projects in this specialty at the S. C. Department of Mental Health and the University of South Carolina.

Dr. McPheeters went from Columbia to Charleston for an interview with Dr. J. J. Cleckley, Professor and Head of the Psychiatric Department, Medical College of S. C.

Former Deputy Commissioner for Program Administration, New York Department of Mental Hygiene, he replaces on the Southern Regional Education Board William P. Hurder, M. D., who resigned to become Superintendent, Adler Research Center for Children, University of Illinois, Urbana.

#### HONOR FOR "JIM" REEVES

P. G. ("Jim") Reeves, Statistician for the S. C. Department of Mental Health, was honored by the Southern Regional Conference on Mental Health Statistics at the 7th annual meeting held in New Orleans, October 25-27, 1965.

He was presented a bronze plaque "in recognition of his distinguished contribution as chairman of the Training Institute Committee of the SRCMHS"; the first honor of its kind for the group. He has been chairman of the training committee five years. Congratulations!

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NEWS AROUND THE WARDSSaunders Building

Helen Bowman, Reporter

Mrs. Cornelia Harris went on a pass from November 5 until November 8 with her daughter, Mrs. George Senn. We hope she enjoyed her stay in Newberry, South Carolina.

Miss Azilee Dantzler went on a pass from November 5 until November 8 with her sister, Mary D. Wilson to stay in Hodges, South Carolina.

Mrs. Jessie Hill went out with her husband, L. T. Hill, November 7, who lives in Hartsville, South Carolina.

Mrs. Carrie Bailey went out with her husband, L. J. Bailey, who lives in Greenville, South Carolina.

8A

E. M. D., Reporter

We began this day (November 11) promptly at 7 a.m. Mrs. Duncan, our R.N., came over to check up on us, and we were glad to see her. We hope that her young son is recovering rapidly after having fractured his arm in an accident. Mrs. Duncan has so many patients that we hate to impose on her by taking all our problems to her.

Dr. Faison visited us one day this week. He was so good and kind to all of us. He transferred several ladies; it is so much easier to adjust to a small group. Now we get along together so much better and find it easier to cooperate with the nurses' aides. Of course, we can't tell you how much we love and admire our dear doctor, Dr. Faison. He gives us all the privileges if only we don't do anything against the rules of the hospital. The nurses' aides make their own rules, sometimes, but their restrictions benefit all and not one or two.

We had a pleasant surprise when Mrs. Scott allowed us to go to the canteen. Mrs. Nyles went with us. She is new to most of us but seems to be very nice.

When we returned to the ward, Mrs. Scott was getting ready to give out our ten o'clock coffee and cigarette break. Then we heard a knock at the back door. Who was there waiting to come in? The Volunteer Workers from Rosehill Presbyterian Church. Their pianist and soloist went to our piano in the alcove. They rendered several popular numbers and later asked us to name our favorite hymns. One of the ladies taught us a new version of "Jesus Loves Me This I Know." When we were invited into the dining room each place setting had an attractive arrangement of fruit and candy.

11A

Lucille M. Cox, Reporter

The Jewish Church ladies, who sponsor our party, with Mrs. Pauline Clenton went by bus to Friendship Center November 1, 1965. Bingo was played and later refreshments which consisted of glazed doughnuts, coffee, and candy were enjoyed. About 34 people attended. We all had a grand time. Many, many thanks to these lovely people for their kind deeds during our stay in the hospital.

2A

Josephine Allen, Reporter

Halloween Party

The 2A group of ladies were pleasantly surprised the night of October 29 when a group of ladies from the Riverside Garden Club gave them a Halloween party.

Playing and singing was enjoyed and each member of the ward was given Halloween souvenirs of black cats, owls, scare crows and hats and also a trick or treat bag of candy. All enjoyed the party immensely.

Before the ladies left, they promised to come back again on Thanksgiving.

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On Nov. 16 the Calvary Baptist Church ladies entertained 2A with a party using the Thanksgiving motif throughout.

Bingo was played and prizes were won. They served delicious refreshments and everyone enjoyed the party very much!



## POETRY

WITH NAUGHT TO FEAR BUT FEAR

A. K. W.

With naught to fear but fear along  
Shall America march on!

Though the foe within, the foe without,  
Would dim the very sun,

Till under His supernal will  
Shall the freeman's will be done,  
A trust to keep we have.

THAT LONE FOUNDATION

A. K. W.

When we have gone all the way to win  
that peace  
Wherein the heel of the Red shall be  
Silenced for aye  
And the wings of Freedom shall fend  
every sky,  
We shall have laid at last that lone  
foundation  
For a "Great Society" of this nation.

O FREEMAN TRUE

A. K. W.

It is the freeman's will that under God,  
Shall "peace in freedom" reign.

Awake! Arise! O freeman true,  
This victory to win.

My angel--his name is Freedom--  
Choose him to be your king.

He shall cut pathways east and west  
And fend you with his wing.

-Emerson.

THE STAR

Helen Bowman

A star may twinkle in the sky,  
It seems so far away,  
It attracts the attention of everyone,  
Promotes its gentle stay.

There may be a wish upon the star,  
Mounting the clearest night,  
And a maiden may issue a little paryer  
To reach that monstrous height.

## GRUDGES

Helen Bowman

To get angry at a little thing,  
To hold in your temper grudges;  
It seems to sap your very being  
When an angry feeling surges.

TWILIGHT'S GLOW

Helen Bowman

I like that part of the evening  
When the swifts are on the wing,  
And the sun has dutibly sunk  
Below the horizon line;  
Yet, there's a glow in the sky  
Of burnished artist's pink.  
Yes, I like this part of the evening  
When the swifts are on the wing.

## BITS OF WISDOM

Helen Bowman

What makes us think of things to do,  
And how to accomplish what we might do,  
Unless we often visualize  
On worthy dreams we idolize,  
And pray that they all come true?



REHABILITATION SHOP HINTS

DeBruhl J. Cobb

Intangible Assets and Disadvantages of the Forest

Following are some intangible by-products of the forests: furnishes food and cover for wild-life; recreation areas for sports such as hunting, fishing, camping, and hiking for millions of people during the weekends and summer vacations; tree roots, leaves, plants and grass holds back heavy rains and thus helps prevent soil erosion and floods; decay of leaves, limbs and other foliage supplies humus which holds moisture and enriches the soil (incidentally soil that has been misused through improper cultivation resulting in robbing the soil of its fertility, and encouraging erosion, takes nature through reforestation 100 years to rebuild to its former fertility); for the esthetic aspect of life it furnishes majesty and beauty which enriches and thrills the highest ideals of man. It has been said that "the closer we are to nature the closer we are to God." Forests have through the centuries been an inspiration and served as a motivating force to challenge the migratory or pioneering spirit of nations. Forests form a breaker against heavy sustained winds and help check and prevent dust storms, tornadoes, hurricanes and wind erosion.

Inadvertly and unknowingly the mighty forest and swamps have at times and places served as an enemy of man. Since the beginning of time (and even today in certain areas) huge snakes and reptiles silently slip into a village and carry back into the thick brush, swamp, or forest their prey. Thousands of babies, children and elderly patients disappear in this manner yearly in India, Africa, and South America. In a similar manner vicious animals such as: the tiger, lion, cat, and leopard take cover in the forest by day and attack humans and flocks of cattle, sheep, or goats by night. Many lives are lost through these raids and much loss is sustained by farmers and herdsman.

Heavily wooded hills and mountains have also served as havens and hideouts for gangs of bad men throughout history. Robbers, wanderers, bandits, pirates, and other raiders have found relative security in the confines of such inaccessible places as their last rallying point from which to foil their apprehension and muster aid with which to strike back at their enemy. Many thrilling tales, ballads, and stories have been passed down to the present times portaying the heroic deeds of our ancestors in overthrowing tyranny and establishing justice. "Robin Hood and The Swamp Fox" are typical examples of their exploits. On the other hand some rebels use these hiding places in the deep forest and hills to destroy democracy. Fiedel Castro and his successful fight to establish Communism in Cuba is an example.

Early pioneers in America experienced untold hardships in clearing the great virgin forest to build roads, cities, and for cultivation. This tremendous task retarded the settling and progress of vast areas of country for more than a century. In fact millions of acres, especially in Alaska, are still undeveloped. Some of our great senic views were hidden from man until modern times, such as: caves, water falls, natural bridges, geysers, and mine deposits. Modern road-building machines have at last anihilated nations' mighty forests and now traverse all terrane with comparative ease like the: forest, rivers, swamps, and mountains.

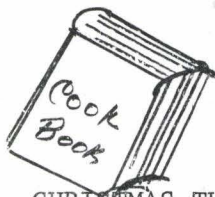
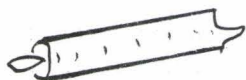
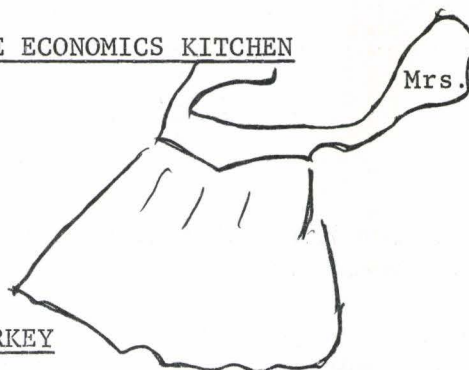
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NEW AROMAS FROM THE HOME ECONOMICS KITCHEN

Mrs. Kathleen Johnson

Mrs. Virginia Rush

CHRISTMAS TURKEY

May we suggest our elegant White Grape Sauce as a change from gravy you usually serve, and stuff the bird with a southern favorite made of cornbread.

Cornbread Stuffing

1 1/2 cups onion; finely chopped  
 1 1/2 cups celery; finely chopped  
 1/3 cup butter or margarine (melted)  
 8 cups cornbread, crumbled  
 1 1/2 teaspoons salt

1/8 teaspoon pepper  
 1/2 teaspoon poultry seasoning  
 1/2 teaspoon sage  
 1/4 cup water  
 1 egg, well beaten

Cook onion and celery in butter in a large pan until tender. Add cornbread. Sprinkle with seasonings which have been mixed together. Combine, add water and egg. Toss together. Makes enough for a 12-pound turkey. Spoon stuffing into the body cavity. Insert meat thermometer into thigh muscle next to body cavity. Spoon melted fat over turkey and cover with a loose tent of foil. Roast in a slow oven 325 degrees.

8 to 11 pounds for 3 1/2 to 4 1/2 hours  
 11 to 14 pounds for 4 1/2 to 5 1/2 hours  
 14 to 18 pounds for 5 3/4 to 6 hours.

White Grape Sauce

2 chicken bouillon cubes  
 1 1/2 cups boiling water  
 2 tablespoons butter or margarine  
 2 tablespoons flour

1 1/2 teaspoons lemon juice  
 2 egg yolks  
 1/8 teaspoon pepper  
 1/2 cup seedless white grapes, halved

Dissolve bouillon cubes in boiling water. Melt butter in a saucepan. Blend in the flour. While stirring, add the bouillon and lemon juice. Remove from heat. Beat egg yolks into hot mixture. Season with pepper. Add grapes. Makes 2 cups. Serve hot with roast turkey.

Pilgrim Punch

1 quart cranberry juice, cocktail  
 2 cups apple juice  
 1/2 cup lemon juice

1/2 cup sugar  
 1 quart club soda  
 Lemon slices, clove studded

Combine the fruit juices in a large pitcher or punch bowl; add the sugar and stir well to dissolve. Cover with plastic wrap. Refrigerate. Just before serving, add ice cubes and club soda. Clove-studded lemon slices make an attractive addition to the punch. Makes about 3 quarts.



FOOD SERVICE NEWS

Marguerite Ruff

Mrs. Elverta Wilson had a nice trip through the mountains to Gatlinburg, Tennessee, for the weekend of November 9th.

A friend from Spartanburg joined Mrs. Mary Vess on a long weekend to Lake Lure, Tryon, and Chimney Rock, North Carolina. They enjoyed riding horseback, too.

Mrs. Thomas J. Lever (Linda) spends some of her spare time horseback riding also. Linda and Thomas are enjoying all of the nice new furniture and wedding gifts. They have made use of many things for their guests for "company" needs on weekends.

Mrs. Nellie Smoaks's son, who is stationed in Charleston, received word of his new assignment. The good news is that it will be in Charleston. That means his family will not have to move; and plans for a big family Christmas can be carried out.

Mrs. Theo Branham's daughter, Wanda, was crowned queen of the G. A.'s at Hamison Road Baptist Church at the last meeting. The pictures of the coronation were beautiful in color.

Mrs. Margaret Baughman's little son, Eddie, who is in the first grade at the Joseph Keels School, came home one day and said, "Mama, the teacher surely asks a lot of questions."

We would have a close race in a baby contest in Food Service for children and grandchildren. Mrs. Bessie Rodgers' grandbaby, Mrs. Agnes Powell's grandbaby, Mrs. Heilda Plunkett's grandchildren are like perfect pictures. A secretary (or a Mama) could write down the cute sayings too.

Mrs. Shirley Ward's son, Roger, has been walking a long time; he loves to say words now. His smile and his bright red hair brings a ray of sunshine when he comes around.

Mrs. Lorraine Grappisity's son, Warren Jr., has returned to school, after his accident on the motor-bike. Several stitches had to be taken in his leg when he hurt it early one morning on his way to school.

Mrs. Evelyn Wingard and Mrs. Marguerite Ruff attended the Columbia Area Dietetics Association meeting held at the Columbia Hospital November 4th.

William Proctor has been sitting in the sun, resting and recovering from a cold while his is on vacation. Hurry and get well, Proctor!

Employees in the big dining room keep asking about Miss Elizabeth Strickland. They are still missing her. The people at male dining room are glad she is working with them.

Since the World Series games are over, the popular sport for men these days is to go hunting, especially deer.

The ladies busy themselves with bridge, ballgames, tupperware parties and canasta parties. Happy ole world!



FOOD SERVICE  
Leland E. Crenshaw, Chief

THANKSGIVING MENU

November 25, 1965

ROAST YOUNG TOM TURKEY

Buttered Rice

Giblet Gravy

Frozen Lima Beans

Sage Dressing

Cranberry Sauce

Vegetable Relish

Lettuce Salad W/1000 I. D.

Sweet Potato Pie

Rolls-Butter

Milk

Cream Filled Nabs

Candy Bars

Assorted Fresh Fruit

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R E C R E A T I O N

Frances C. Shimmel, R. T. R. Co-ordinator

On Thursday, November 18, at 5:30 in the Benet auditorium, Belk's Young Columbia Council presented a Fashion-Talent show to a capacity audience at Benet Auditorium.

The auditorium and serving tables were decorated with lovely arrangements of yellow mums, grown by Mr. Ernest Roberts, hospital horticulturists, and arranged by Mrs. Virginia Rush of the Home Economics Department.

The program consisted of a showing of 24 ladies' fashion ensembles and 12 gentlemen's fashions. Talent was presented by 6 young ladies who were among the 20 semi-finalists in the Miss Teen Age Columbia Pageant.

Following the program a girls auxiliary group from Rosewood Baptist Church, assisted the Young Columbia Council in serving delicious punch and assorted cookies to 500 guests.

The young people on the shows represented 12 highschoools of the Columbia area. They are as follows: A. C. Flora, Airport, Brookland-Cayce, Cardinal Newman, Dentsville, Eau Claire, Columbia High, Dreher, University High, Lower Richland Olumpia and Irmo.

Miss Lynn Sims, Youth Co-ordinator from Belks was in charge. Miss Sims did an excellent job and we thank Belks for sponsoring such a fine talent-fashion show and providing refreshments so generously for our people.

Thanks For Helping

We wish to thank Herman Rogers, Luis Wham, Sonnie Wilson, and Charles Graves for assisting the coordinator in packing 1100 bags of treats for the Halloween Party held at Benet Auditorium, October 29 from 7 - 10 p.m. Herman, Luis and Lonnie have helped over the years with this big job and are considered our "stand bys."

David Dickson and Jim Kirby (Recreation) helped generally and stayed with us until the party was over.

Thanksgiving Dance

The Thanksgiving dance was held at the Benet Auditorium, November 23, from 7-10 p.m. A large crowd attended.

People from Admission-Exit, Remotivation, and Geriatric Services were invited. Everybody seemed to have a grand time and we all wish to thank those responsible for the excellent dance music.

Music for the occasion was furnished by the "Serenaders," a band from Local 21, American Federation of Musicians. The grant that provided funds for the music came from Recording Industries Trust Funds, American Federation of Musicians, New York City. The arrangements were made by Mr. Harry G. Ring, Secretary and Projects Chairman, Local 21.

Christmas Program

The music students of Mrs. Virgil Nations and the Sunday School pupils of Mrs. Mable Jones will promote a Christmas program made up of recitations, poetry, the Manger Scene, Christmas songs and an accordin band, on Sunday December 5, at 2:30 p.m., Benet Auditorium.



(Continued from page 12)

This is a Volunteer Services program being sponsored in cooperation with the Recreation Department. Miss Donna Walters, assistant to Mrs. Edith L. Hudson will represent her department.

#### Eau Claire Music Club at Benet

Eau Claire Music Club will present a Christmas program in the Benet Auditorium at 5:30 p.m. Saturday, December 11, 1965.

NOTE: The dances usually held at 1:30 and 5:30 will be cancelled for this program.

#### Christmas Dance

There will be a Christmas dance with another band from Local 21 but we can't give you the date yet because we do not know when the grant for the band will come but our good friend Mr. Harry Ring will let us know as soon as he hears.

\* \* \* \* \*

#### PAC GIVES PLAY

"The Palmer Way" a one act comedy was presented by the Patients' Advisory Council during the month of October. There were two performances, one in the Benet Auditorium and one in the Saunders Building for members of the Geriatrics unit and a performance in the Cooper Building.

The play was very well received and the cast worked long and hard. Those in the play were: John Lovorn, Thompson Building; Ruby Black, 6-A; George Bobo, 9-B; Frances Harley, Leiber; Mangus "Bud" Thompson, Leiber.

The stage managers were Henry Reynolds and John Roberts, assisted by Rufus Barfield. Mrs. Jeannette Mahoney, PAC Advisor was the director.

The play was about a mild mannered young man with an inferiority complex. Not only was he afraid of his ambitious wife, but his boss as well. Impatient with his timid attitude, his wife decides to invite his boss and his wife to dinner in an effort to get a raise for her husband. He had been secretly taking a personality course and at the dinner begins to desperately practice the rules of a dynamic personality. This produced some rather funny and disastrous results.

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# MUSIC THERAPY

Anne Beall, M. T., Acting Coordinator

## MUSIC THERAPY DEFINED

Excerpts from a talk presented by Charles Braswell, R. M. T., Director of Music Therapy Department, Loyola University, New Orleans, Louisiana. Published in Music Therapy 1961.

Music therapists work with exceptional children, physically handicapped children and adults, tuberculosis patients, and in correctional institutions. The large majority, however, work with emotionally disturbed adults and children in psychiatric institutions. The following definition will apply only to psychiatric music therapy, even though many of the principles have application to other types of disorders.

Music therapy may be defined as the medically supervised use of music; and the music therapist, as an agent in the treatment, rehabilitation, and entertainment of patients.

In modern hospitals it is assumed that psychiatric patients need treatment because they can no longer relate to other people. A patient's inter-personal relationships have been disrupted to the point that he must have a controlled, non-threatening environment in which to erect new, realistic defenses to meet the strains of every day living. The hospital serves as a MIKROKOSMOS or small world, in which staff members exert every effort to give the patient new experiences in living, new methods for meeting everyday problems, and new ways of getting along with people. Each staff member has a rather well-defined part to play in this effort, and the cooperative efforts of the combined staff are mobilized toward returning the patient to the outside community as a responsible, well-functioning member of society.

A distinction was made in the definition between the use of music and the music therapist. This is due to the belief that there are some therapeutic values inherent in the music itself. This is closely related to the "intra" concept discussed above. Philosophers, educators, and medical personnel have emphasized the therapeutic potentials of music for several centuries.

Probably the best summary of these ideas is expressed by Gaston. While inherent therapeutic elements in music are easily inferred, empirical investigation is almost an impossibility.

Inherent therapeutic potentials in music should not be confused with those potentials found in the music therapy activity. While the two are interrelated it is helpful to think of them as separate entities. Several types of activities, including group singing, rhythm band, exercise to music (eurhythmics) are used. These activities may become therapeutic if the therapist formulates realistic goals and works toward their accomplishment. For example, when patients are confined to closed wards, muscles tend to become flaccid, and many patients show progressive loss of attention span and increased disorientation. This is particularly true of geriatric patients. However, with a regular exercise muscle tone is often improved, and some patients show psychological benefits.

The music therapists are also concerned with the entertainment of patients. This is an important part of the hospital music program. It helps to make the hospital routine more bearable and tends to create a better atmosphere.

\* \* \* \* \*

## FORGIVENESS

(From a T.V. Sermon)

Don't neglect to  
forgive---you  
might need some forgiveness  
yourself someday-

Forgiveness means to  
give up our claim  
for a reprisal  
of someone for some  
offense against us-

Forgiveness comes from  
love---so we must  
love much. It makes  
changes in the forgiver  
and the forgiven one.



THE LIBRARY

Mrs. Sarah S. Harris, Chief Librarian

MAGAZINES AND NEWSPAPERS

During the month of December, the library will not send magazines and newspapers to the wards through the Hospital mail service. It will help us tremendously if representatives from the different wards will pick up the papers and magazines for their wards whenever it is convenient for them to do so.

AUTHOR SPEAKS

Those of you who are familiar with the historical and suspense stories of John Dickson Carr (who also writes under the pseudonym "Carter Dickson") may be interested to know that he was the guest speaker at a luncheon attended recently by your chief librarian, Mrs. Harris. The luncheon was part of the forty-fourth annual meeting of the South Carolina Library Association in Greenville. Mr. and Mrs. Carr have recently moved to Greenville from England and Mr. Carr is at work now on a book with Charleston as the setting. The library will certainly add this to our Carr collection just as soon as it is published.

You might like to know, too, that at this meeting Mrs. Harris was elected vice-chairman of the Special Libraries Section of the SCLA, to serve for two years.

CHRISTMAS READING

It is none too soon to take a look at the books about Christmas that we have in the library. Here are some you may like to read or just glance through:

JOURNEY INTO CHRISTMAS, by Bess Streeter Aldrich, is a collection of twelve of the author's favorite Christmas stories.

ONCE UPON A CHRISTMAS TIME, by Thyra Ferre Bjorn, gives a delightful account of Christmases spent in Swedish Lapland some fifty years ago.

THE LIGHT OF CHRISTMAS, edited by Frances Brentano, is an anthology of fiction and nonfiction combined to give

a varied picture of the meaning of Christmas past and present.

TALES TOLD UNDER THE CHRISTMAS TREE, compiled by Frances Cavanah, is a collection of Christmas stories, legends and poems.

BOB CONSIDINE'S CHRISTMAS STOCKING is a compilation of stories the noted journalist has written annually over the years telling what Christmas means to him.

4000 YEARS OF CHRISTMAS, by Earl W. Count, shows how many different peoples and nations have shaped and transformed the whole Christmas story.

CHRISTMAS GIFT, by Margaret Cousins, is a collection of eight charming short stories centered around Christmas time.

THE MAN WHO OWNED THE STABLE, by Armand L. Currie, is a touching little story about the owner of the stable in which the Christ Child was born.

CHRISTMAS STORIES, by Charles Dickens, includes not only the familiar "A Christmas Carol" but many more of Dicken's stories about Christmas.

HOME FOR CHRISTMAS, by Lloyd C. Douglas, tells about a reunion at Christmas time of a scattered family.

GOLDEN CHILD, by Paul Engle, is the story of a pioneer couple and the baby born on Christmas Eve.

ALL ABOUT CHRISTMAS, by Maymie R. Krythe, gives the history of hundreds of traditions connected with Christmas.

STUBBY PRINGLE'S CHRISTMAS, by Jack Schaefer, is good reading at Christmas.

LITTLE CHRISTMAS, by Agnes S. Turnbull, is the delightful story of a second chance.

A SECOND TREASURY OF CHRISTMAS DECORATIONS, by Beth Hemingway, has a wealth of pictures and descriptions of materials to use and how to use them.

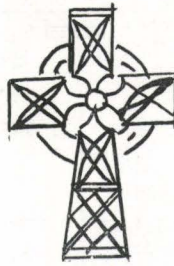
The library has twice this many more!



A SERMONETTE

If there is one sentence in the whole Bible that seems to capture much of what we all experience in life, it is the following sentence that comes from the Apostle Paul's letter to the Romans. The words are: "For I do not do the good I want, but the evil I do not want is what I do." This is very descriptive of life, for there are many times that we do not do the good that we desire to do, but instead we feel inwardly compelled to do that which we do not want to do. So we shall be thinking together about this particular conflict that is so much a part of being human.

As we consider our feelings about our not doing the good that we want to do, there are several thoughts that possibly are very real to us. For one thing, there might be some of us who have wanted to be able to love or like other people. We have wanted to experience the joy and the good of being comfortable with others. But instead we have been frightened and scared of other people and have not been able to truly feel comfortable with them. For another thing, there may be some of us who since childhood have had certain hopes and plans for our lives. We have wanted to experience the good and joy of having these hopes to come true. Maybe you have held on to the hope of establishing a happy family, or possibly you have always wanted to prepare yourself for a certain job or occupation. However, for many of us, these hopes have not come true; instead we have not been able to do the good we wanted to do with our hopes and plans. Then, for another thing, we all have experienced the desire to do good by being of help and assistance to another person. Deep down, we have wanted to be of service and of help. But how often conflicting feelings have arisen in our lives, and instead of helping and serving the other person, we have hurt the other person and given pain to him. This is the baffling human dilemma which Paul describes. He says: "For I do not do the good I want to do."



CHAPLAINCY  
SERVICE  
SCSH

In looking at the other side of this experience of our feeling unable to do the good we want to do, we come face to face with the remaining phrase which Paul uses when he says: "but the evil I do not want is what I do." How often you and I have run into pain, discouragement when we have wanted most of all to keep away from it. We have not wanted to be overwhelmed with conflict but in our life's experience many of us have encountered it.

This is what Paul is talking about: "the evil I do not want is what I do." That which we have feared most has become a reality for some of us. Some of us may have not wanted ever to be lonely in our lives, and right now we are feeling the pain of loneliness. Or I am sure there are some of us who have had hopes that we would never feel bored and empty with life, and yet right now we feel empty and life has no zest to it. These feelings and others that have not been mentioned very well could fit into what Paul was saying when he wrote: "the evil I do not want is what I do."

So we are looking at Paul's description of feelings that so often accompany every person in life. We want to do good and to experience joy, but often we are met with confusion, and our spirits feel restless.

We probably right now have some of the feelings that Paul speaks of: "For I do not do the good I want, but the evil I do not want is what I do." We worship with our faith seeking hope and assurance that might still these inner storms. We search for a feeling that might resemble the prayer of St. Augustine: "Let my soul take refuge from the crowding turmoil of thoughts beneath the shadow of thy wings; let my heart, this sea of restless waves, find peace in thee, O God." May we be reminded to keep ourselves open to the strengthening power of God that carries our life every moment. We worship Jesus as Christ whose love on the cross reunites what is separated and accepts what is judged. It is this love of Christ that participates in our weakness and gives us strength.

-Chaplain Thomas A. Summers  
S. C. State Hospital



## PALMETTO STATE HOSPITAL

Sol B. McLendon, M. D.

Leon M. Elam

Director of Professional Services and Medical Director

Associate Editor

SOCIAL SERVICE

Mr. F. L. Ellison, Chief

Mrs. Alice Hurley, Reporter

The Social Service Department at Palmetto State Hospital has been growing by leaps and bounds, recently. If you and your department are feeling our growing pains, please be patient and work with us.

Since June, we have had six new workers to join our staff. We introduced most of them to you in the September 17 issue of the Weekly Bulletin, but we wish to do so, again, since we have continued to grow since that time.

By now, Receiving Building should be familiar with Miss Roberta Hampton who joined the staff in June. She is from Camden and worked last year in the Darlington Public School System. Miss Hampton is a graduate of Johnson C. Smith University in Charlotte, N. C. She will cover all social services and staffings related to the admissions service.

Mr. Augustus Rodgers began working in July. He is a recent graduate of Benedict College and also recently became a new father. He, along with Mr. McIlwain, will be assigned our court cases and Shand Building, and may be seen on any ward.

Mr. William J. McIlwain, our newest member, is a native Columbian and a recent graduate of Benedict. He is a French major and was cited in Who's Who in Colleges and Universities in the U. S. and Canada, January, 1964. In addition to becoming acclimated to his new job, Mr. McIlwain will be assisting Mr. Rodgers in traveling on court cases and will be the worker for Building 6. He is also single, girls!

Miss Selena Felder who came to us in August is probably well known by now. In addition to being the fashion-plate of the department, she will be working with the patients and staff of Building 15, 7, 4 and 16 (Women). Miss Felder is a May, 1965 graduate of Benedict College

The Rehab Department is fortunate to have Miss Francis Williams to replace Mr. Otis Corbitt who is now away in school. She is a Tuskegee Institute Alumnus and hails from the Sally-Springfield area. Miss Williams joined us in September.

Buildings 3, 12, 5 and 16 (men) will be covered by Mrs. Evelyn Hill who also joined us in September. She is a Benedict Alumnus and taught last year in the Columbia Public Schools.

Our old personnel are making changes, also. Mr. Thomas Davis, Mr. Willie Josey and Mrs. Alice Hurley have recently been transferred to Building 13 to work with the new HIP Project. We hope to get the entire hospital interested in this project because we feel that understanding promotes acceptance and cooperation.

Mrs. Means who is also familiar to us all, will continue to work with Buildings 10, 1-B, 1-C, 11 and has been newly assigned to Davis Building.

Mrs. Mary M. Wilson, whom we have known for a long time and has recently come back to us from Pineland, is our desk worker. She will also be working with Buildings 2, 8 and 14.

Mr. Ellison who was recently promoted this past summer from Acting Chief to Chief of Social Service, is still running the show. To him goes the credit for recruiting our new staff members. He continues to be very active in hospital and community activities. In particular, we wish to commend his services with the Waverly Social Club which has been a guiding light for many ex-patients and patients who are on their way out of the hospital.

Our workers will be making routinely scheduled visits to your buildings but we encourage you to call on us whenever the need arises at extension 784 or 785. Mrs. Wilson will be happy to relay your message to the appropriate worker.

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R E C R E A T I O N   T H E R A P Y

Leon M. Elam, Co-ordinator

Preparation Of The Volunteer Manual For Palmetto State Hospital

Some months ago in a meeting of the Sub-committee for Rehabilitation at Palmetto State Hospital of which the writer was a member, it was unanimously decided that every effort should be made to develop a volunteer program at this Facility. Leon M. Elam, Co-ordinator of Recreation, was given the responsibility for preparing a volunteer manual. Dr. David Winokur, also a member of the committee, was to give his assistance whenever needed in this preparation.

Now any so-called literary figure will tell you that in order to write well, one must research well. The writer called upon all available sources for relevant material, including the volunteer manual from the Veterans Administration Hospital in Columbia. When all pertinent materials were gathered, the writer started the countdown on assembling ideas, thoughts, and pertinent facts. This was by no means an easy task.

After long hours of research, meditation, and cogitation; the embryo volunteer manual emerged. This signified hurdling the first barrier. The next barrier consisted of presenting the original draft to the Sub-committee at Palmetto State Hospital for its approval and adoption. The writer fought the fight, and ran the race successfully--the committee approved the volunteer manual.

The third step consisted of taking the original draft to Mr. Claude Connelley, Director of Administrative Services, for his approval. Mr. Connelley approved the materials, and said that he in turn would present the volunteer manual to Dr. Sol B. McLendon, Medical Director and Chief of Professional Services, for his consideration and approval.

Shortly thereafter, it became necessary to locate stencils, paper, typists, and what have you. Dr. Winokur provided valuable help in this direction. The writer, however, takes full responsibility for the contents of the volunteer manual for Palmetto State Hospital. He is responsible for writing and editing said manual. The members of the Sub-committee for Rehabilitation at this time were: Mr. George Grogan, Chairman; Dr. David Winokur; Mr. Floster Ellison; Chaplain Collie Moore; Mr. Joseph Farmer; and Mr. Leon Elam.

Sincere appreciations are hereby expressed to the following fine individuals for their valuable help: Miss Queenie Brice, stenographer in the Fisher Building, for her unselfish help in typing ninety per-cent of the contents; Mrs. David Winokur for sketching the Fisher Building on the front page of the volunteer manual; Dr. David Winokur for his valuable assistance; and to Mr. Harold Joyner for printing the Volunteer Manual.

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DAVIS BUILDING ENJOYS SPECIAL HALLOWEEN PARTY

Margie Drayton, Reporter

Groups one and two of the Davis Building gave their first Halloween Party Thursday, October 28, 1965 at eight o'clock in the evening on Ward B. The two groups got together and made costumes and decorated the area. Recreation Therapy furnished assorted paraphernalia and decorations to augment the existing features. Special invitations were sent to men housed in Buildings 8 and 12.

Our many thanks go to Mrs. Dorothy Hankerson, R. N., and to our psychiatric aides, Mrs. Leila Alexander and Mrs. Lizzie Jones group leaders.



# PINELAND, A STATE TRAINING SCHOOL AND HOSPITAL

Sol B. McLendon, M. D., Asst. Superintendent

E. A. Rondeau, M. D., Medical Director

## TRAINEES ENJOY THE FAIR

On the traditional "school day," Friday, October 28, 1965, classes were suspended at Pineland and 102 trainees had the pleasure of spending the day at the Palmetto State Fair.

For months they had been carefully saving their money and planning for this annual event. The different types of rides were enjoyed, trainees had their pictures taken, engaged in throwing balls for prizes, viewed the midway attractions and visited exhibits in addition to their own.

There were added thrills as the trainees recognized on display in the Pineland booth various handiwork of their own.

There was special delight in learning that the Palmetto State Fair officials had again awarded the Pineland exhibit the Blue Ribbon FIRST PRIZE. This recognition brought to each one a thrill of personal achievement, and the encouragement to do even better toward next year's exhibit.

The Food Service Division provided tasty lunches for the trainees which were served at the Fair.

There are sincere thanks to the personnel who accompanied the trainees, and to all who assisted in making October 28, 1965 a day long to be remembered.

## APPRECIATION

Gratitude is expressed to the officials of the Palmetto State Fair and of the Midway for the courtesies extended, all of which added to the happiness of the trainees who had a wonderful day at the 1965 Fair.

(Continued from Recreation next column)

Some of the younger boys enjoy playing with toy soldiers, trucks, and a marble game. There have also been some fairly hot games of checkers, tic-tac-toe and cards.

## VOCATIONAL REHABILITATION FACILITY, PHASE II

On November 15, 1965 Pineland Vocational Rehabilitation Facility, Phase II, will officially open and will accept clients from throughout the state. Within this residential center there are 23 rooms, 12 for men and 11 for women clients, one beauty shop, one barber shop, two conference-classroom combinations, 2 efficiency apartments, two nursing stations, two visitor's rooms, a dining room, six offices and a reception area.

Four of the rooms are designed for the physically handicapped to include hand controls to open and close doors. There is also a wheelchair toilet and bath.

For the clients a sixteen hour day of evaluation, personal adjustment, social adjustment and evening recreation will be pursued. The residential center will be in operation seven days a week.

Additional personnel will officially join the existing staff on November 4, 1965.

## RECREATION

The hours of recreation held weekly in A and F Buildings have been very successful. The children seem to greet Mrs. Mary Hatfield with happy anticipation and are very cooperative. The taste for fun differs with the group. The girls in A Building are full of rhythm and thoroughly enjoy any game that brings this out. Musical chairs have been most successful. The warmer days, however, call for the outside and on these last days of warmth the girls enjoy passing the volleyball, "A Tisket, A Tasket," and "London Bridge." Strangely enough, the boys in F. Building seem to go in for the quieter and calmer type of recreation. They enjoy tracing pictures from magazines and comic books, drawing pictures themselves and having Mrs. Hatfield draw for them. (Continued in left column)





AGAIN PINELAND WON BLUE RIBBON - FIRST PRIZE AT THE STATE FAIR The Palmetto State Fair of October 24-30, 1965 was another memorable one for the trainees and personnel of Pineland, A State Training School and Hospital. Once more the creditable display in the Steel Building was awarded the Blue Ribbon first premium and cash prize of Fifteen Dollars. The theme of the Fair display was "The Family Grows." Slides of various activities were shown on a screen in the center of a giant pine tree topped with a star and the words "The Future." Streamers extended from the pine tree to posters depicting particular activities in detail. Excellent experience was gained by several trainees who assisted in preparing materials for the display; and they share with much pride the recognition accorded by the exhibit winning first prize. To each of these cooperative helpers, sincere appreciation is expressed. Sidney Goodman, Mrs. Dorothy Brown, Mrs. Nan Thompson and others of the Fair Committee are extended gratitude for their cooperation and endeavors which made this accomplishment possible.



### UNITED FUND OVER THE TOP AGAIN

The wholehearted response of the Department of Mental Health personnel to the 1965 United Fund Campaign was most gratifying.

Appreciation is expressed by Dr. William S. Hall, State Commissioner of Mental Health and Superintendent, S. C. State Hospitals, to Robert Harrison, Personnel Division, Chairman, his co-workers and to all the personnel whose response enabled the United Fund here to be a success.

Once more, Pineland, A State Training School and Hospital, made an enviable record with contributions more than \$400.00 over the \$1,200 goal. Thanks and congratulations!

### BLOOD BANK PROGRAM

Appreciation is extended to the personnel who cooperated with the Blood Bank program in the Benet Auditorium, S. C. State Hospital on October 25 and 26, 1965.

Commendations and thanks to Ardis C. Harper, Registrar, Chairman, and Jas. F. Schweickert, R.N., Chief Nurse, Co-chairman, SCSH, and their fellow workers for the efforts which enabled smooth operation of this project.

### FIRE AND SAFETY DEMONSTRATIONS

October 8, 1965, the Fire and Safety Demonstrations held by the Columbia Fire Department in Friendship Park, S. C. State Hospital, at 2:00 and 4:00 p.m., were well attended.

Appreciation for the splendid cooperation is expressed to Chief Edward F. Broome and his personnel, Columbia Fire Department, and to the S. C. State Hospital Fire Chief J. Elbert Kelly as well as the personnel generally.

Similar demonstrations were held at Palmetto State Hospital on October 4, 1965.

### THE STATE FAIRS

The S. C. Department of Mental Health had a display in the steel Building for both State Fairs; October 18-23 and October 25-30, 1965.

The primary theme this year was unusual with the presentation of Careers in Mental Health. Large photographs depicted various career opportunities. An electrically operated map of South Carolina indicated the location of Community Mental Health Centers and facilities of the Department. Posters outlined ways in which individuals may help in the fight against mental illness; and other posters showed the plight, progress and promise in mental health. Featured was a large painting of the William S. Hall Psychiatric Institute as a training and research facility.

See Pineland, A State Training School and Hospital, for the news story of the prize winning exhibit, etc.

### SORROW AGAIN COMES TO

MISS BEULAH L. GARDNER, R. N.

Once more deep sympathy is extended to Miss Beulah L. Gardner, R. N., Assistant Chief Nurse, South Carolina State Hospital, and to members of the family in the unexpected passing away of another brother, Mr. John Andrew Gardner, near Rock Hill, S. C. on October 25, 1965. Mr. William G. Gardner of Rock Hill passed away suddenly on September 2, 1965.

### TALK TO ZONTA CLUB

October 26, 1965 at the Laurel Hill Supper Club, Mrs. Inez Nolan Fripp, Executive Secretary, Department of Mental Health, spoke at the dinner meeting of the Zonta Club on "What Does the International Club Mean to the YWCA?"

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### A NOTE OF THANKS

During my recent two hospitalizations (and other before that) in the James F. Byrnes Clinical Center, the many kindnesses of physicians, nursing service personnel, patients and other friends made the discomfort easier to endure, and the long hours seem much shorter.

To each one my heartfelt gratitude is expressed. I shall never be able to let you know the depths of my appreciation.

(Mrs.) Louise Ott  
Communications Section, Re  
Registrar Division



LAUGHING MATTER  
(From "Modern Maturity" Dec.-Jan. '60-61)

An attractive young woman approached a desk at the UN and requested help in translating a foreign phrase her fiancé in Germany had included in a letter. The clerk looked at the phrase, "evol dna sessik," studied it a moment, then smiled and returned it with the suggestion: "Read it backwards."

-Warren Hammer

\* \* \* \* \*

Teacher: Who were the Phoenicians?

Student: I think they were the people who made my mother's blinds.

\* \* \* \* \*

When one of Susie's little friends came to see her, she found the youngster playing with her new housekeeping set. "Are you washing dishes?" the visitor inquired.

"Yes," replied Susie seriously, "and I'm drying 'em, too, 'cause I'm not married yet."

\* \* \* \* \*

"Sonny, what's that noise upstairs?"

"Maw's dragging pa's pants over the floor."

"That shouldn't make so much noise."

"I know, but pa's in 'em."

\* \* \* \* \*

It is what we find out after we know it all, that counts.

\* \* \* \* \*

First salesman: I had a big day today. Made a lot of friends for the firm.

Second salesman: I didn't sell anything either.

\* \* \* \* \*

Judge--"This man says that after he fired a shot, he saw you run from his chicken coop."

Rastus Johnsing--"He could be mistaken, Jedge. Fast ez Ah was runnin', it mought have been someone else what faintly resembles me."

\* \* \* \* \*

He: It will be perfectly simple for us to marry, dear; my father's a minister.

She: Okay, let's give it a try. Mine's a lawyer.

\* \* \* \* \*

Psychiatrist: "Do you have trouble making up your mind?"

Patient: "Well, yes and no."

\* \* \* \* \*

On a bus, two girls were overheard discussing the art of conversation. "Take 'I'll say' and 'I'll tell the world' away from some people," said one, "and you cut their conversation practically to zero."

To which her companion enthusiastically rejoined, "I hope to tell you! Ain't it the truth!"

--Columbus Dispatch

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